

Forward Chicago is a grassroots all-volunteer, 501(c)(3) non-profit that connects neighbors, businesses and local organizations to build a stronger community. Together, we're creating a neighborhood where people of all ages are active, engaged and influential.

A Livable Chicago for All Ages

Forward Chicago is a founding member of the **Chicago Aging Collaborative**, a coalition of residents and professionals. This project is a natural extension of our local efforts.

Please join us for our kick-off event, a public presentation by nationally known speaker Phil Stafford, PhD. The event will be held August 9, 4-6pm at Rush University Medical Center (see inside for details).

"Chicago has a rich tradition of applying innovation and ingenuity to meet the challenges that face our city. With collaboration, leadership and an eye toward the future of the city and its people, our leaders have time and time again created forward-thinking policies and plans. The time is now to apply this tradition to the challenges facing an aging Chicago.

Our region is rich in assets: experts in aging and related fields, as well as, dedicated Chicagoans who

want to create a wide variety of approaches to build stronger communities. We must unite these efforts to build momentum, activate individual and group efforts

and build new, big ideas to move our communities forward. Chicago works best when it works together.

We envision a cadre of Chicagoans from the community at large, those who work in the field of aging and/or with older adults, and challenge them to work together.

We will bring the best

ideas and tactics to residents, city representatives and planners and elected officials to ensure support for all Chicagoans as we age. This approach is a smart way to success. **Together, we will create a truly Livable Chicago for all Ages.**" Statement of Purpose, Chicago Aging Collaborative 7/2018

We hope you will join us in this important initiative for our city and community.

Keep moving forward!



ForwardChicago

Fall Potluck

Thursday, Oct 11 | 6:00-8:30pm

Bring a dish to share, BYOB & RSVP.

Location: Sharon Nudo's Home, Clubroom at Ravenswood Terrace Apartments, 1801 W Argyle



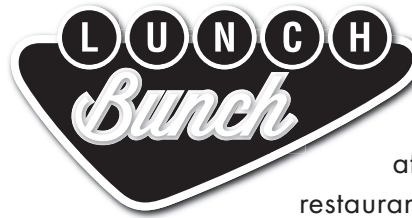
Craft Circle

Knitters, quilters, embroiderers, all are welcome. Some months we have guest speakers, and other months we work on projects together.

Third Wednesdays: 10:30am-12:00pm

Dates: **Aug 15, Sept 19, Oct 17, Nov 21**

Location: Sulzer Library, 4455 N Lincoln Ave – Community Room



Lunch Bunch

Join us for lunch and conversation. We dine at all types of great local restaurants. \$14-\$18 covers the meal, tax and tip.

Third Thursdays (RSVP): 12:00-1:30pm

Aug 16 - Tre Kronor, 3258 W Foster

Sept 20 - Wishbone, 3300 N Lincoln Ave

Oct 18 - Lou Malnati's Pizzeria, 4340 N Lincoln Ave

Nov 15 - Rolls N Bowls, 4635 N Lincoln Ave



Dinner Club

You said you want to get together for dinner with your neighbors... Join us as we explore BYOB restaurants and be sure to bring a friend. Price \$25-\$35.

Second Thursdays (RSVP): 6:00-8:00pm

Aug 9 - Fin Sushi, 1742 W Wilson

Sept 9 - Reza's Restaurant, 5255 N Clark

Oct 11 - PotLuck at Sharon Nudo's, 1801 W Argyle

Nov 8 - Café SelMarie, 4727 N Lincoln Ave

Chicago Aging Collaborative Public Lecture on A Livable Chicago for All Ages

Join us for a dynamic presentation about aging in Chicago. What does aging as a community mean for our lives? This lecture will spark ideas and paths forward. Bring your questions, ideas and friends!

August 9: 4:00–6:00pm (refreshments provided)

Location: Rush University Medical Center Professional Building

1725 West Harrison, 5th Floor, Brainard Room

Programming

**PUT THIS
ON YOUR
FRIDGE!**



Walking Club

We walk when the weather is fair; we don't walk in the rain. Please check the website or the Forward Chicago Facebook page by 8:30am for updates.

Tuesdays: 9am start
(Moves to 10am start after Labor Day)
Location: Welles Park Gazebo



Games People Play

Join Tana and Joy and learn to play Bridge or Mah Jongg. Beginners and experts welcome. Bring a sandwich and a friend..

Bridge: 1st & 3rd Fridays: 10:00am–1:00pm
Dates: **Aug 3 & 17, Sept 7 & 21, Oct 5 & 19, Nov 2 & 16**

Mah Jongg: 1st & 4th Thursdays:
3:30-5:30pm
Dates: **Sept 6 & 27, Oct 4 & 25, Nov 1 (No Nov 22)**

Location: Sulzer Library, 4455 N Lincoln Ave –
Community Room (No meeting if Library is closed)



Science Speaker Series

From Bugs to the Big Bang

Come hear cool science talks at Sulzer Library by University of Chicago scientists.

Fourth Tuesdays: 6:00-7:30pm
Dates: **No Aug event, Sept 25** Cosmic Rays -
The highest energy particles in the universe, **Oct 23**
Radically Rethinking Dark Matter, **Nov 27** TBD
Location: Sulzer Library, 4455 N Lincoln Ave

Chicago Aging Collaborative:

Advocacy to Action: Planning for our Future

Join us for a public lecture featuring speakers from Washington DC to talk about the current state of affairs for older people in our country. Learn more about how we can work together to create the best and most livable communities for our future. Grab a friend and join us!

Oct 4: 4:00–6:00pm
Location: Rush University Medical Center
Professional Building
1725 West Harrison, 5th Floor, Brainard Room



4th Tuesdays:
4:00-5:45pm

Dates: **Aug 28, Sept 25, Oct 23, Nov 27**

Location: Gideon Welles,
4300 N Lincoln Ave

Activate ★ Engage ★ Influence

Call or RSVP 773-633-8312 ★ info@forwardchicago.org

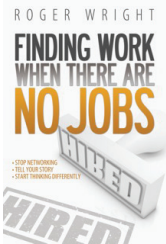
Find us on **facebook**.com/forwardchicago

August 2018 - Nov 2018

ForwardChicago

Community Business Connections

Forward Chicago is thankful for our local Business Connections who share our commitment to community. Our website contains detailed information so that you can shop locally and support them. Let them know you heard about them from Forward Chicago. You will find Forward Chicago materials at these locations.



The Forward Chicago Community Ambassador Team

Board: Dara S, Helene W, Karen KF

Facebook Guru: Jerry P (like us on Facebook!)

Walking Club: Ed F

Website Maven: Elaine T

Dinner & Lunch Hosts: Pat G & Pat W

Community Bloggers: Jean A, Jeff R, Dara S

Community Business Connections: Lenore K

Craft Circle: Betty R, Maureen L

Ideas Into Action: Mary Ann I

Games People Play: Tana D

Videographer Extraordinaire: Sylvia S

Newsletter: Lenore K, Elaine T, Helene W, Karen KF

Activate ★ Engage ★ Influence

Call or RSVP 773-633-8312 ★ info@forwardchicago.org

Find us on [facebook.com/forwardchicago](https://www.facebook.com/forwardchicago)

August 2018 - Nov 2018