

Forward Chicago is a grassroots all-volunteer, 501(c)(3) non-profit that connects neighbors, businesses and local organizations to build a stronger community. Together, we're creating a neighborhood where people of all ages are active, engaged and influential.

## A Livable Chicago for All Ages

Forward Chicago is a founding member of the **Chicago Aging Collaborative**, a coalition of residents and professionals. This project is a natural extension of our local efforts.

Please join us for our kick-off event, a public presentation by nationally known speaker Phil Stafford, PhD. The event will be held August 9, 4-6pm at Rush University Medical Center (see inside for details).

"Chicago has a rich tradition of applying innovation and ingenuity to meet the challenges that face our city. With collaboration, leadership and an eye toward the future of the city and its people, our leaders have time and time again created forward-thinking policies and plans. The time is now to apply this tradition to the challenges facing an aging Chicago.

Our region is rich in assets: experts in aging and related fields, as well as, dedicated Chicagoans who



want to create a wide variety of approaches to build stronger communities. We must unite these efforts to build momentum, activate individual and group efforts and build new, big ideas to move our communities forward. Chicago works best when it works together.

We envision a cadre of Chicagoans from the community at large, those who work in the field of aging and/or with older adults, and challenge them to work together. We will bring the best

ideas and tactics to residents, city representatives and planners and elected officials to ensure support for all Chicagoans as we age. This approach is a smart way to success. **Together, we will create a truly Livable Chicago for all Ages.**" Statement of Purpose, Chicago Aging Collaborative 7/2018

We hope you will join us in this important initiative for our city and community.

Keep moving forward!

## Fall Potluck

Thursday, Oct 11 | 6:00-8:30pm

Bring a dish to share, BYOB & RSVP.

Location: Sharon Nudo's Home, Clubroom at Ravenswood Terrace Apartments, 1801 W Argyle



### Craft Circle

Knitters, quilters, embroiderers, all are welcome. Some months we have guest speakers, and other months we work on projects together.

**Third Wednesdays:** 10:30am-12:00pm

Dates: **Aug 15, Sept 19, Oct 17, Nov 21**

Location: Sulzer Library, 4455 N Lincoln Ave – Community Room



### Lunch Bunch

Join us for lunch and conversation. We dine at all types of great local restaurants. \$14-\$18 covers the meal, tax and tip.

**Third Thursdays (RSVP):** 12:00-1:30pm

**Aug 16** - Tre Kronor, 3258 W Foster

**Sept 20** - Wishbone, 3300 N Lincoln Ave

**Oct 18** - Lou Malnati's Pizzeria, 4340 N Lincoln Ave

**Nov 15** - Rolls N Bowls, 4635 N Lincoln Ave

**Second Thursdays (RSVP):** 6:00-8:00pm

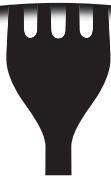
**Aug 9** - Fin Sushi, 1742 W Wilson

**Sept 9** - Reza's Restaurant, 5255 N Clark

**Oct 11** - PotLuck at Sharon Nudo's, 1801 W Argyle

**Nov 8** - Café SelMarie, 4727 N Lincoln Ave

### Dinner Club



### Dinner Club

You said you want to get together for dinner with your neighbors... Join us as we explore BYOB restaurants and be sure to bring a friend. Price \$25-\$35.

### Chicago Aging Collaborative

Public Lecture on A Livable Chicago for All Ages

Join us for a dynamic presentation about aging in Chicago. What does aging as a community mean for our lives? This lecture will spark ideas and paths forward. Bring your questions, ideas and friends!

**August 9:** 4:00–6:00pm (refreshments provided)

Location: Rush University Medical Center

Professional Building

1725 West Harrison, 5th Floor, Brainard Room

Activate ★ Engage ★ Influence

Find us on [facebook.com/forwardchicago](https://www.facebook.com/forwardchicago)

Call or RSVP 773-633-8312 ★ [info@forwardchicago.org](mailto:info@forwardchicago.org)

August 2018 - Nov 2018

# Programming



## Walking Club

We walk when the weather is fair; we don't walk in the rain. Please check the website or the Forward Chicago Facebook page by 8:30am for updates.

**Tuesdays:** 9am start

(Moves to 10am start after Labor Day)

Location: Welles Park Gazebo



## Science Speaker Series

### From Bugs to the Big Bang

Come hear cool science talks at Sulzer Library by University of Chicago scientists.

**Fourth Tuesdays:** 6:00-7:30pm

Dates: **No Aug event, Sept 25** Cosmic Rays - The highest energy particles in the universe, **Oct 23** Radically Rethinking Dark Matter, **Nov 27** TBD  
Location: Sulzer Library, 4455 N Lincoln Ave



## Games People Play

Join Tana and Joy and learn

to play Bridge or Mah Jongg. Beginners and experts welcome. Bring a sandwich and a friend..

**Bridge: 1st & 3rd Fridays:** 10:00am-1:00pm

Dates: **Aug 3 & 17, Sept 7 & 21, Oct 5 & 19, Nov 2 & 16**

**Mah Jongg: 1st & 4th Thursdays:**

3:30-5:30pm

Dates: **Sept 6 & 27, Oct 4 & 25, Nov 1 (No Nov 22)**

Location: Sulzer Library, 4455 N Lincoln Ave – Community Room (No meeting if Library is closed)

## Chicago Aging Collaborative:

Advocacy to Action: Planning for our Future

Join us for a public lecture featuring speakers from Washington DC to talk about the current state of affairs for older people in our country. Learn more about how we can work together to create the best and most livable communities for our future. Grab a friend and join us!

**Oct 4:** 4:00–6:00pm

Location: Rush University Medical Center

Professional Building

1725 West Harrison, 5th Floor, Brainard Room



**4th Tuesdays:**  
4:00-5:45pm

Dates: **Aug 28, Sept 25, Oct 23, Nov 27**

Location: Gideon Welles, 4300 N Lincoln Ave

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Find us on [facebook.com/forwardchicago](https://facebook.com/forwardchicago)

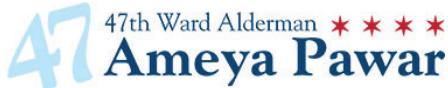
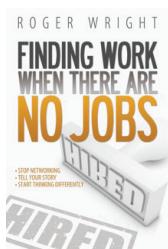
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# Forward Chicago

## Community Business Connections

Forward Chicago is thankful for our local Business Connections who share our commitment to community. Our website contains detailed information so that you can shop locally and support them. Let them know you heard about them from Forward Chicago. You will find Forward Chicago materials at these locations.



### The Forward Chicago Community Ambassador Team

**Board:** Dara S, Helene W, Karen KF

**Facebook Guru:** Jerry P (like us on Facebook!)

**Walking Club:** Ed F

**Website Maven:** Elaine T

**Dinner & Lunch Hosts:** Pat G & Pat W

**Community Bloggers:** Jean A, Jeff R, Dara S

**Community Business Connections:** Lenore K

**Craft Circle:** Betty R, Maureen L

**Ideas Into Action:** Mary Ann I

**Games People Play:** Tana D

**Videographer Extraordinaire:** Sylvia S

**Newsletter:** Lenore K, Elaine T, Helene W, Karen KF

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